REDEEMER SUMMER KAMP 2022

Parent Guide

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KAMP PACKING LIST IS FOUND AT THE END OF THIS DOCUMENT ON PAGE 11

Redeemer Summer Kamp: July 30- August 5, 2022

CONTACT US

Please read through this document in its entirety as it has important information and policies you need to know before coming to Kamp. After you have read this entire parent guide, if you still have questions or need to discuss a special situation please reach out to us:

Email: redeemerkamp@gmail.com
Tim Springer, Kamp Director 248-930-2215 (Cell)
Erin Springer, Assistant Director/Kamp Registrar, 248-770-2999 (cell)

COVID-19

Covid-19 Response

We are a fully licensed camp program with the State of Michigan. Which means we are required to follow all state laws and executive orders that are currently in place in regards to Covid-19. We receive a surprise inspection each year from a Michigan licensing agent.

We will not require face masks at Kamp.

As we have always done at Kamp we will monitor campers health, campers who are running a fever of 100.4 or exhibit other symptoms of covid-19 or any other infectious illness will be quarantined away from other campers/staff and evaluated by our Camp Nurse. If, at the Health Officer's discretion, it is determined that the child must leave camp, parents will be notified immediately and asked to pick up their campers as soon as possible.

All of Covid-19 policies are subject to change should there be any changes to the State of Michigan requirements or laws before Kamp begins. We will update all registered families of any changes.

Pre-Kamp Preparations:

The State of Michigan and CDC maintain that the most effective way to stop the spread of Covid-19 is through vaccination. Vaccination is not required for Kamp. Covid-19 testing is also not required to attend Kamp.

Besides vaccination, the State of Michigan states that parents screening their child(ren) at home before they arrive at Kamp is the best mitigation strategy for the spread of Covid-19 or any other infectious disease. You should monitor your child's health daily for the 14 days leading up to Kamp.

Following guidelines from the state of Michigan, your child should stay home from Kamp if any of the following symptoms are present:

- Temperature of 100.4 Fahrenheit or higher
- Sore throat
- Cough (for campers with chronic cough due to allergies or asthma, a change in their cough from baseline
- Difficulty breathing (for children with asthma, a change from their baseline)
- Diarrhea or vomiting
- New onset of severe headache, especially with a fever

Your child should also stay home from Kamp if:

• They are in quarantine due to exposure to an individual with a confirmed case of Covid -19

CHECK-IN: SATURDAY July 30, 2022

Please arrive at Camp Michawana during the following time based on your LAST NAME;

Last Names A-L: 2:00-2:45pm

Last Names M-Z: 2:45-3:30pm

Please adhere to these time frames so we can avoid lines at check-in. If your child will be brought to Kamp by another family/parent please let me know that in advance so I can organize check-in paperwork in advance.

All campers should be dropped off at Camp Michawana on Saturday July 30, 2022. Use the following address for directions to camp (do not use this address for snail mail, see below for mailing address):

Camp Michawana 6475 Wilkins Rd Hastings, MI 49058

DO NOT ENTER AT THE FAMILY CAMP ENTRANCE OFF OF HEAD LAKE ROAD WHICH LOOKS LIKE THIS:



ENTER AT THE MAIN ENTRANCE OFF OF WILKINS ROAD WHICH LOOKS LIKE THIS:



When you arrive at the front entrance you will turn right and proceed down the hill to the parking lot. Check-in will take place OUTSIDE OF THE DINING HALL. Staff will be set up around camp to direct you. You may park in the parking lot or along the road. We will form a line for check -in.

Everyone is eager and excited to get to camp and get checked-in. We have may have lines at the check-in. Please be patient. We will not check-in any campers before the designated start time. Please be respectful of our time, as we are preparing for campers right up to your arrival. **If you arrive before your designated time frame PLEASE REMAIN IN YOUR CAR.**

Remember to bring the following to check-in:

- 1) All medications (prescription and over the counter)
- 2) All food/drinks/candy etc.

(Please see below for special instructions concerning medications and food).

Check-In Procedures:

- 1. Please enter camp at the main entrance and proceed to the parking lot. PLEASE DRIVE SLOWLY ON CAMP GROUNDS. Park and head to the dining hall (you will probably see a line forming on the side of the dining hall).
- 2. We will conduct the following at check-in:
 - a. **Wellness check**: As we have always done, we will assess the general health of every camper that comes to camp. We will ask general questions regarding your child's recent health status.
 - b. Lice Check
 - c. **Medication Check in**: Anyone bringing medication to camp (over counter or prescription) must see the Nurse to check -in the medication. (see below for additional instructions regarding medications brought to Kamp).
 - d. Give out Cabin/counselor assignments
- 3. Once you have completed the check-in you may go to the cabins with your camper. We ask that all parents leave camp grounds immediately after dropping of their camper at the cabin.

We appreciate everyone arriving during the designated times listed above. If it is absolutely not possible or you to arrive between 2-3:30pm on Saturday, please contact us at redeemerkamp@gmail.com.

CHECK-OUT: FRIDAY AUGUST 5, 2022:

All campers must be picked up at Camp Michawana on Friday August 5th.

Campers will eat an early lunch and then head to the outdoor amphitheater for a short closing ceremony. Parents are invited to join us. Please arrive at Kamp between 12:00-12:15pm and head to the amphitheater. After that we will begin our official check-out procedure. All campers must be picked up at Camp Michawana no later than 1:00pm. Follow up information regarding Check-Out will be provided at a later date.

PLEASE DO NOT LEAVE WITH YOUR CHILD UNTIL YOU HAVE COMPLETED THE CHECK-OUT PROCESS. This is for the safety of all our campers. Your child will only be released to the people you listed on your child's registration form when you registered for Kamp. You can make changes to the people authorized to pick up your child by emailing redeemerkamp@gmail.com. We will ask everyone for photo ID (yes, even parents) at check-out.

We are discouraging early departures this year at camp. Please plan to pick up your child on Friday Aug 5 from 12:15-1:00pm. If this is absolutely not possible please contact us before Kamp at redeemerkamp@gmail.com.

PACKING REMINDERS

Packing list is attached on Page 11

PLEASE LABEL EVERYTHING YOU BRING TO KAMP

In additional to all the normal stuff we ask that you at **pack at least 1 face mask/cloth face covering.** Currently face masks are not required in the State of Michigan. We will not require anyone to wear a face mask at camp, however we would like everyone to have 1 face mask available should it be necessary.

Please pay close attention to the dress code which is listed on the packing list. We ask that you only pack clothing that follows our dress code. Campers out of dress code will be asked to change. Please make sure all items are labeled with your camper's name. Please also remember that we are very active at camp and that many of our activities involved getting dirty. So please pack accordingly!

On Wednesday evening we have a camp dance. The 2022 theme is **Outer Space** Many campers enjoy dressing up in costume for the dance but it is not required. Please remember dress code still applies.

PROHIBITED ITEMS

Alcohol, tobacco, illegal drugs, controlled substances and fireworks of any sort are prohibited on camp grounds. Anyone found in possession of these items will be immediately released from camp. We will call home and the camper must be picked up as soon as possible.

Please leave all jewelry, valuables, money and electronic devices at home. No cell phones, handheld games, ipads or tablets should be brought to camp. Please do not bring any smart watches or apple watches. If any camper is found to be in possession of any electronic devices (including cell phones) camp staff will hold those items and they will be returned to parents at check-out. There is nothing to buy at camp so all money should be left at home. Redeemer Summer Kamp is not responsible for any items that are misplaced or lost at camp.

Lastly, please do not bring silly string or similar products to camp, any of these types of items will be confiscated until camp is over (unfortunately we have discovered the hard way that silly string often causes damage to the camp buildings and property).

REMIND TEXT MESSAGE SERVICE

We use a text messaging service called Remind to send out occasional text message blasts to all the camp families. We will use it to send out some reminders leading up to Kamp and use it to relay important information during that all camp families need to know or to update families after severe weather or other emergency. We will not be sending out lots of text messages or regular updates during Kamp. We promise to keep the text messages to a minimum. Every family will be signed up using the cell phone # provided at the time of registration. If you do not wish to receive text messages from Kamp please email me at redeemerkamp@gmail.com or call/text Erin at 248-770-2999.

MAIL

You are welcome to send your camper mail. If you wish to send any letters via USPS please make sure to send them early in the week (or even before your camper leaves) to ensure it arrives before camp is over. Please use the following address for snail mail:

Camper's Name Counselor Name Redeemer Summer Kamp c/o Camp Michawana 5800 Head Lake Rd Hastings, MI 49058

You may also bring mail with you to check-in and we will distribute it during the week.

CAMPER EMAIL

You may also send your camper an email to **redeemer.kamp.mail@gmail.com** <u>(THIS EMAIL ADDRESS IS FOR CAMPER MAIL ONLY</u> – any other camp related emails should be sent to <u>redeemerkamp@gmail.com</u>). We will print the emails and distribute them throughout the week. We have limited paper and ink resources so please try to keep the emails to a reasonable amount! We can only print a couple of emails per camper for the week or we will run out of Ink. We also cannot print images. Thanks for your understanding.

PHONE CALLS

Campers are not permitted to have cell phones while at camp. Please leave them at home. As a standard policy campers are not allowed to make phone calls while at camp. If you need to reach us please call Kamp Director Tim Springer on his cell 248-930-2215 or Assistant Director/Registrar Erin Springer at 248-770-2999. Please remember cell reception is spotty at camp so please leave us a message and we will get back to you (Text messages are okay as well). We are not able to respond to voicemails and texts asking general questions how a camper is doing, etc. . . We are very busy at camp so please reserve phone calls for emergency situations or to relay important information to us.

In a emergency if you cannot reach us please call Redeemer's Main office at 248-644-4010 and they will reach us.

ELECTRONIC HEALTH FORMS & MEDICATIONS

All health information is completed electronically. Click here to complete your health form, if you have not already done so: <u>2022 Camper Health Forms</u>

All Health forms should be completed no later than July 10, 2022. If any information changes between the time you fill out the form and the first day of Kamp, please make sure to see our Camp Nurse at check-in so we can update your child's information. If you child begins taking new medication not listed or stops taking medication you listed, please see the Nurse at check-in so we can update our records.

All medications you are bringing to camp must be listed on your child's health form. **Even over the** counter medication should be listed, also epi-pens should be listed as a medication on your health profile. if you are bringing any type of medication with you to camp it must be on your form.

Please read and observe the following medication guidelines:

- All medication both prescription and over the counter must be in the original bottle with the
 prescription label on the bottle (with dosing information and prescribing physicians contact
 information). <u>Place all your child's medication in a clear plastic bag labeled with your child's
 name</u>. Do not take the medications out of their original bottles or place them in pill boxes. <u>WE</u>
 WILL NOT DISPENSE ANY MEDICATION THAT IS NOT IN ITS ORIGINAL CONTAINER
- Please leave all standard over the counter medication at home (like Tylenol, Advil, or Motrin) as we always have that stocked. If your camper takes an allergy medication (like Zyrtec or Claritin)

on a daily basis then please list that on your health form and bring it to camp (many campers experience environmental allergies at camp, even if they were not at home, so if you feel this might happen to your child, please send them with allergy meds).

- NO MEDICATIONS OF ANY KIND ARE ALLOWED IN THE CABINS. All medications (including any over the counter medications like Tylenol, allergy meds, vitamins, etc...) must be brought to check-in and left with the camp nurse.
- If your child has an epi-pen make sure to bring two epi-pens that are clearly marked with your child's name. Please make sure to list the epi-pens on your child's health form under medications. Although epi-pens are carried by the counselors during the week, you must still stop and see our Camp Nurse and check-in the medication so she knows you have brought it to camp.
- Please do not bring vitamins or other non-essential medications to camp. If your child absolutely must take a vitamin or supplement while they are at camp please bring a note from your physician explaining that it is medically necessary for these medications to be given while at camp. **Without a doctor's note, we will not dispense vitamins.**

We really appreciate your cooperation with the above guidelines. Please contact us if you have questions about your child's medications or health information. We can put you in touch with our Camp Nurse in advance of camp if need be.

BRINGING FOOD TO CAMP

There is no food allowed in the cabins. Do not pack any food, candy or drinks in your child's luggage. Any food found will be kept by the camp staff and returned to the parents at check-out. Also please do not send any food in the mail.

All of our meals are prepared by the kitchen staff employed by Camp Michawana (they are not employees of Redeemer Summer Kamp.) If your camper has food allergies or other dietary restrictions, we can provide a copy of the menu upon request. Please email us at redeemerkamp@gmail.com

If your child has special dietary needs you may bring food to supplement your child's meals. We do have refrigerator space designated for these food items. Your child will also have access to a microwave and toaster. Please make sure to label all food items with your child's first and last name. Please bring all food items to check-in. Please make sure all food items brought to camp are tree nut and peanut free. **Only campers with special dietary needs are permitted to bring their own food from home.** If you would like to discuss any specials situations before camp please call Tim Springer, Director at 248-930-2215.

We are an allergy aware program, which means we take food allergies very seriously. Our counselors and staff are aware of all food allergies and we report these allergies to the kitchen staff. We ask that the meals and snacks prepared for our Kamp are peanut and tree nut free (only exception is we offer PB&J sandwiches for Kids who are struggling with camp food! – we will have a peanut free option as well!).

REFUND POLICY/EARLY RELEASE FROM CAMP

If you voluntarily cancel prior to camp we will offer a pro-rated refund depending on when you cancel. There are no discounts offered for campers who arrive late or leave early (unless you are registered as an explorer camper). If your child must leave camp during the week due to injury or illness you may request a prorated refund.

In the event a camper's behavior is determined to be dangerous to himself/herself or others or is disruptive to the camp program, at the Director's discretion, a camper may be sent home. Parents will be contacted and will be expected to pick up their child from camp within a reasonable amount of time. No refund is available for early release from Kamp.

REDEEMER SUMMER KAMP 2022- PACKING LIST

Please remember this is Kamp - only pack clothing that can get dirty or wet

Important reminders:

- Write your child's name on each and every item you pack for Kamp.
- Pack enough clothing to last all week (7 days) there is no laundry available at Kamp.
- Please review the dress code policy below before packing!
- We discourage sharing of personal items or toiletries so please make sure to pack and label those items.

Packing List:

- 1 white T-shirt Labeled with your child's name for tye-die craft
- 1-2 Face masks/clothing face covering (Just in case it becomes necessary)
- Your bible for use in the cabins for devotions. (Please don't send a special family bible, label name inside)
- Sheets & sleeping bag/ blanket/pillow
- Laundry bag
- T-shirts and long sleeved shirts
- Shorts (please make sure shorts are appropriately long enough!)
- Jeans/long pants
- Underwear & socks (maybe pack some extras!)
- TWO pairs of closed-toe shoes (its helpful, but not required, to have one waterproof pair like natives, keens, etc for water games out in the fields)
- Flip flops/sandals/crocks (for the shower & beach)
- Pajamas
- Raingear- very important!
- Flashlight (with good/extra batteries)
- Swimsuit
- Light jacket or sweatshirt (for evening activities)
- TWO towels (one for the bathhouse & one for the beach)
- Toiletries (shampoo, soap, toothbrush, toothpaste, hair brush, etc.)
- Prescription medications (please leave over the counter meds at home unless taken on a daily basis) <u>All</u> medication (prescription or over-the-counter) must be left with the Camp Nurse at check-in.
- Bug spray & Sunscreen
- Things to do during F.O.B. "Flat on Bunk" (stationary/stamps, a book, playing cards, etc.)
- Camera (no cell phone cameras)
- Costume or outfit for the Dance! (optional) 2022 Theme is **Outer Space**
- Clothes for **NEON DAY!** Bring neon items such as socks, shirts, shorts, hats, sunglasses, etc! (optional)

Do Not Bring:

- Any electronic device - cell phones, iPods, ipads, tablets, laptops, video games, apple/smart watches, etc.
- Valuables/jewelry/money
- Makeup
- Silly string
- Candy, pop, gum, food, etc.
- Fireworks, sparklers, etc.
- Tobacco, unauthorized drugs, or alcohol

<u>Dress Code:</u> This is a Christian camp, so modest dress is requested. Please adhere to the following dress code:

- Please do not expose any undergarments (this goes for guys and girls)
- Please do not pack/wear clothing with tobacco/alcohol or other inappropriate messages/logos
- Tank tops should have wide straps that cover undergarments
- T-shirts and tops should not be low cut or revealing
- No Leggings
- One Piece modest swimsuits (long Tankinis that cover the stomach are okay)

Campers that are not dressed appropriately will be asked to change. Dress to be active and to have fun at Kamp ©